

PRACTICAL APPROACH TO RHINITIS' DIAGNOSIS AND TREATMENT

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SUMMARY

It is common-thought that there is not an universally acceptable system of definition, classification and terminology in rhinitis.

In the present study, 1120 incidents of chronic rhinitis which were examined in the outpatient department, from 1/1/98 until 31/12/00, are reported.

On the basis of their clinical history and especially their daily symptoms, these patients were classified in three groups, after two weeks consulting:

1. Main symptom: sneezing and secretion.
2. Main symptom: watery secretion.
3. Main symptom: blocked nose.

We found that the response of the above mentioned groups to the medications e.g. antihistaminic is different. Generally the treatment, which is given to each group, is also different